

Health Services 11 *Course Outline*

Teacher: Mr. Sutcliffe
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Room: Portable #1
Supplies: as needed
Textbook: n/a

Course Description

Prerequisite: Physical Education 10

- Introduces students to a variety of careers in Health Services that they may be interested in. (from doctor to fitness trainer to firefighter)
- Topics include resuscitation (CPR), first aid, fitness theory, and sports injuries.
- Certification in CPR 'C' and SFA is available in the course, and materials from Athletic Taping, Sports First Aid, Concussion Management, and Fitness Theory are covered.

Course Units

Unit 1 – Intro to Resuscitation	Unit 5 – Injuries: Torso
Unit 2 – The Circulatory System	Unit 6 – Injuries: Arms and Legs
Unit 3 – The Respiratory System	Unit 7 – Fitness and Nutrition
Unit 4 – The Head and Spine	Unit 8 – Minor First Aid & Outdoors

Expectations:

All students are expected to attend class regularly and on time and during class...

- 1) Be respectful of each other and the teacher.
- 2) Be focused on *learning* during class time.

Marks Breakdown:

1. Participation	10%
2. Classwork/Assignments	15%
3. Practical Skills	25%
4. Quizzes/Tests	30%
5. Projects/Experience	20%

If you have any questions during the semester, please send me an email at joel_sutcliffe@sd33.net and I will reply promptly. Thank you!

Please sign to indicate you have read the above information:

STUDENT NAME: _____

SIGNATURE: _____

PARENT/GUARDIAN: _____

SIGNATURE: _____