

3.8 Infant Choking: Conscious to Unconscious

Name: _____

Mild Obstruction

Infant Choking	Below Standards	Minimal	Fully meets Standards	Above Standard
Check for Dangers	<i>Does not verbalize "checking for dangers"</i>	<i>Says "checking for dangers" but doesn't really look</i>	<i>Takes time and verbalizes, "checking for dangers". Identifies any possible dangers.</i>	<i>Takes time and verbalizes, "checking for dangers". Identifies and deals with any possible dangers</i>
Consent	<i>Non-consent is assumed</i>	<i>Consent is assumed</i>	<i>Clearly asks parent: "Can I help?"</i>	<i>Clearly asks parent: "Can I help?" and waits for an answer</i>
Conscious Primary Survey	<i>Doesn't find out the necessary information.</i>	<i>Asks only some of the necessary questions</i>	<i>1) Is he choking? 2) Did he fall or get hurt anywhere? 3) Does he have any medical conditions?</i>	<i>1) Is he choking? On what? 2) Did he fall or get hurt anywhere? 3) Does he have any medical conditions? Listens and asks follow-up questions if necessary</i>
Breathing Assessment	<i>Does not recognize the signs of mild and severe choking.</i>	<i>Correctly decides whether it is mild or severe choking.</i>	<i>Assess quality of breathing. Check skin colour and for cyanosis. Listen for whistling or wheezing. Looks at level of anxiety. Correctly decides whether it is mild or severe choking.</i>	<i>Assess quality of breathing, Check skin colour and for cyanosis, Listen for whistling or wheezing, Looks at level of anxiety. Confidently decides whether it is mild or severe choking.</i>
Treatment for mild choking	<i>No appropriate treatment given</i>	<i>Supports infant in a comfortable position, and encourages coughing</i>	<i>Supports infant in a comfortable position, Calms infant and encourages coughing Monitors for changes</i>	<i>Supports infant in a comfortable position, Confidently calms infant and encourages coughing Monitors for changes</i>

Severe Obstruction

Positioning	<i>Infant is not supported or head is pointing up</i>	<i>Support is weak or not in correct position.</i>	<i>Supports infant face down on leg in kneeling or sitting position.</i>	<i>Securely supports infant face down towards ground on leg in kneeling or sitting position.</i>
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Back blows	<i>Back blows are not done correctly</i>	<i>5 back blows with the heel of the hand</i>	<i>5 back blows with the heel of the hand between the patient's shoulder blades</i>	<i>5 firm back blows with the heel of the hand between the patient's shoulder blades</i>
Chest Thrusts	<i>Compressions not deep enough or in the wrong spot or the wrong number of compressions</i>	<i>Performs 5 thrusts. Compressions are working, but positioning or pace could be improved.</i>	<i>Lay patient on a firm surface, and perform 5 thrusts. Correct body position, hand position, depth and pace is close to 100 bpm.</i>	<i>Lay patient on a firm surface, and perform 5 thrusts. Correct body position, hand position, depth and pace of exactly 100 bpm.</i>

Unconscious

Support Patient	<i>Poor support</i>	<i>Support the patient awkwardly as they collapse.</i>	<i>Support the patient as they collapse.</i>	<i>Support the patient carefully as they collapse.</i>
Phone 9-1-1 and get AED	<i>Forgets to do this, or more than 1 minute after starting</i>	<i>Phones late or forgets AED</i>	<i>Gets someone to phone 9-1-1 at the right time, and sends for an AED</i>	<i>Has confidence and clarity in getting someone to phone 9-1-1 and get an AED</i>
Compressions (x3)	<i>Compressions not deep enough or in the wrong spot.</i>	<i>Compressions are working, but positioning or pace could be improved.</i>	<i>Correct body position, hand position, depth and pace is close to 100 bpm.</i>	<i>Correct body position, hand position, depth and pace of exactly 100 bpm.</i>
Check Mouth	<i>Does not check the mouth</i>	<i>Checks the mouth after attempting first breath</i>	<i>Opens the mouth and checks before breaths.</i>	<i>Opens the mouth and carefully checks before breaths.</i>
Rescue breaths (x2)	<i>Breaths not done or would not work or forgets to use pocket mask</i>	<i>2 breaths, maybe slightly large or small or pocket mask not sealed</i>	<i>2 full breaths with pocket mask</i>	<i>Normal sized breaths waiting for chest rise/fall in between. Pocket Mask is confidently and correctly sealed.</i>

If successful...

Gloves (PPE)	<i>Forgets to put them on</i>	<i>Puts them on at the wrong time</i>	<i>Puts gloves on before touching patient</i>	<i>Puts gloves on efficiently before putting finger in patient's mouth.</i>
Rescue Breaths	<i>Breaths not done or would not work or forgets to use pocket mask</i>	<i>2 breaths, maybe slightly large or small or pocket mask not sealed</i>	<i>2 full breaths with pocket mask</i>	<i>Normal sized breaths waiting for chest rise/fall in between. Pocket Mask is confidently and correctly sealed.</i>
Compressions	<i>Compressions not deep enough or in the wrong spot.</i>	<i>Compressions are working, but positioning or pace could be improved.</i>	<i>Correct body position, hand position, depth and pace is close to 100 bpm.</i>	<i>Correct body position, hand position, depth and pace of exactly 100 bpm.</i>

