

Scenarios Checklist – Conscious First Aid Patient

Priority #1: Scene Assessment

- Stop and look (*walk around patient and look up and down*)
- Assess for hazards (*gas, glass, fire, wire, trucks, shmucks*)
- Find out what happened (*what happened?*)
- Exposure Protection (*put on your gloves*)

Priority #2&3: Primary Survey and EMS Call

- LOC Check: “What happened?” (*assess to see if patient is alert and oriented*)
- d-Spine: “Did you fall or hit your head?” (*if mechanism of injury is likely to have caused a neck injury, then hold the head still until paramedics arrive*)
- ABC’s: “How is your breathing?” (*if breathing is ineffective, then stop and treat it immediately (and phone 911)*)
- RBC: “Are you hurt anywhere else?” “Do you have any medical conditions?” (*if you find any life-threatening problems then treat it immediately*)

Priority #4: Treat for Shock

- Look for Signs of Shock and call 911 if necessary:
 - 1) Pale Skin
 - 2) Cool Temperature
 - 3) Clammy/sweaty Skin
 - 4) Cyanosis (*blue extremities*)
 - 5) Numbness and Tingling in the extremities
 - 6) Confusion and decreased LOC
- Warmth (blanket)
- Rest and Reassurance
- Oxygen Therapy (if available)

Priority #5: Secondary Survey

- Vitals, History, Head to Toe (*Fill in Patient Assessment Chart*)

Priority #6: Treatment

any treatment of non-life or limb threatening injuries should be done only after the secondary survey is complete.

Priority #7 – Follow-Up

If you haven't already, then decide:

- a) call 9-1-1
- b) drive to hospital
- c) drive to medical clinic
- d) refer to doctor
- e) none of the above

Consider other actions

- a) any necessary paperwork
- b) gather belongings
- c) phone parents
- d) etc.