

4.3 Unconscious Spinal Patient

Adult CPR Steps	Below Standard	Minimal	Fully Meets Standard	Above Standard
Check for Dangers	<i>Does not verbalize "checking for dangers"</i>	<i>Says "checking for dangers" but doesn't really look</i>	<i>Takes time and verbalizes "checking for dangers". Identifies any possible dangers.</i>	<i>Takes time and verbalizes "checking for dangers". Identifies and deals with any possible dangers.</i>
Find out what Happened	<i>Doesn't ask "what happened?"</i>	<i>Asks "what happened?" but doesn't listen or waits too long.</i>	<i>Asks "what happened?" and waits just long enough find out the basic history.</i>	<i>Asks "what happened?" with assertiveness and projects confidence in finding out the basic history.</i>
Gloves	<i>Forgets to put them on</i>	<i>Puts them on at the wrong time</i>	<i>Puts gloves on before touching patient</i>	<i>Puts gloves on efficiently before touching patient.</i>
LOC Check	<i>Skips this step</i>	<i>Does only pinch or only shout.</i>	<i>Pinch and shout</i>	<i>Pinch and shout in both ears with reasonable volume and firmness.</i>
Phone 9-1-1 and get AED	<i>Forgets to do this, or more than 1 minute after starting</i>	<i>Phones late or forgets AED</i>	<i>Gets someone to phone 9-1-1 at the right time, and sends for an AED</i>	<i>Has confidence and clarity in getting someone to phone 9-1-1 and get an AED</i>
d-Spine (x2)	<i>Forgets to hold rest, or moves the head in the attempt</i>	<i>Attempt to hold the head still, but it seems insecure. Slight movement that is not outside of neutral position.</i>	<i>Holds the head securely, and elbows are stable.</i>	<i>Holds the head immediately and securely with a trap clamp or long short clamp. Elbows are stable.</i>
ABC's	<i>Either not checking or is less than 4 seconds or more than 10.</i>	<i>Checks for breathing for 4-10 seconds.</i>	<i>Opens the airway with a jaw thrust and checks for breathing for 5 seconds.</i>	<i>Opens the airway with a jaw thrust and checks for breathing for 5 seconds. Verbalizes look/listen/feel</i>
Spinal Roll <i>Either prone to supine roll or vomit roll required (x3)</i>	<i>Roll not attempted when required, or immobilization not maintained.</i>	<i>Either insecure immobilization or very slow roll or poor communication</i>	<i>Immobilization maintained as best possible while doing a quick roll</i>	<i>Immobilization maintained throughout quick roll with excellent communication to helper</i>

RBS	<i>Rapid Body Survey not done</i>	<i>Checked for deadly bleeding</i>	<i>RBS is either not thorough, or takes longer than 15 secs.</i>	<i>Thorough check for deadly bleeding, escaping air, fractures, and medical conditions in less than 15 sec.</i>
Oral Airway	<i>No Oral Airway</i>	<i>Airway may be one size off, or not explicitly sized/checked</i>	<i>Airway is sized correctly, and checked for effectiveness</i>	<i>Airway is sized correctly, *pretend* inserted correctly, and checked for effectiveness</i>
Oxygen	<i>No Oxygen</i>	<i>Oxygen is turned on, but may be incorrectly applied</i>	<i>Oxygen is turned on, and Simple Face Mask applied with 10 lmp flow</i>	<i>Oxygen is confidently turned on, and Simple Face Mask applied with 10 lmp flow.</i>
Warmth	<i>No Blanket</i>	<i>Blanket is given, but it is late or improperly done</i>	<i>Blanket is applied but doesn't cover the whole body</i>	<i>Blanket is given that fully covers body</i>
ABC's	<i>Breathing is not reassessed consistently</i>	<i>Breathing is reassessed close to every minute</i>	<i>Breathing is constantly reassessed at least every minute.</i>	<i>Breathing is constantly re-assessed between most steps</i>
Rest & Reassurance	<i>No reassurance</i>	<i>Patient is reassured once, and not moved unnecessarily</i>	<i>Patient is reassured, and not moved unnecessarily</i>	<i>Patient is consistently reassured, and not moved unnecessarily</i>
Treatment				
Semi-prone position				<i>Not done because of risk to the neck.</i>
Knowledge	<i>Incorrect or did not attempt answer</i>	<i>Partially correct</i>	<i>Correct answer, but slow or uncertain.</i>	<i>Quick clear concise answer to "what if" question</i>