

Unit 4 Overview – The Head and Neck

Learning Outcomes:

<p>Skills</p> <ul style="list-style-type: none"> <input type="checkbox"/> Care of a conscious and unconscious spinal-injured patient (spinal immobilization), both individually and with a group <input type="checkbox"/> Recognition and care of head injuries, including the administration of the Pocket Scat3 Assessment for concussions <input type="checkbox"/> Recognition and care of soft-tissue face/head/neck/back injuries <input type="checkbox"/> Recognition and care of a seizure
<p>Knowledge</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify human anatomy related to the face/head/neck/back regions <input type="checkbox"/> List key signs and symptoms for face injuries (nose, ears, eyes, mouth) <input type="checkbox"/> List key signs and symptoms for head injuries (concussion, compression, fracture) <input type="checkbox"/> List key signs and symptoms for spinal injuries (fracture, whiplash, stinger, sprain, damaged disc) <input type="checkbox"/> Understand principles of Concussion Management, including steps for Return to Play <input type="checkbox"/> Know where to find additional concussion resources from the ThinkFirst Foundation <input type="checkbox"/> Understand principles of injury prevention-conditioning and training, protective sports devices <input type="checkbox"/> Understand the physiology of a seizure (and the condition of epilepsy)
<p>Judgment</p> <ul style="list-style-type: none"> <input type="checkbox"/> Explain the current concern over head injuries and form an opinion of the risk of contact sports <input type="checkbox"/> Demonstrate appropriate decision-making in scenarios <input type="checkbox"/> Demonstrate management over a situation, including direction of bystanders
<p>Application:</p> <ul style="list-style-type: none"> <input type="checkbox"/> List real-life situations where skills would be applicable <input type="checkbox"/> Describe what it might be like to perform these skills in real-life

Lessons:

- 4.1 Face and Head Injuries
- 4.2 Concussions
- 4.3 Spinal Injuries
- 4.4 Epilepsy and Seizures
- 4.5 Soft-Tissue Injuries

Assessment

- 1) Concussion Assignment and SCAT testing
- 2) Discussion Reflection: Risk vs. Reward
- 3) Participation while learning Spinal Management
- 4) Unit review
- 5) Spinal Management Skill (see marking sheet)
- 6) Test