

## 2.7 Stimulants

- 1) What is a stimulant?
- 2) What does it have to do with the circulatory system?
- 3) Why would an athlete want to take a stimulant? Who else uses stimulants?
- 4) Look at the WADA 2014 list of banned stimulants during competition, and list at least 3 (preferably ones that you have heard of)
- 5) What is ephedrine and why was it banned in Canada in 2002?
- 6) Find one example of stimulants in sports in a news article. Copy the article and write a short analysis (one paragraph).

