

2.4 Adult C.P.R. with AED

Priority #1: Scene Assessment

- Stop and look (*walk around patient and look up and down*)
- Assess for hazards (*gas, glass, fire, wire, trucks, shmucks*)
- Find out what happened (*what happened?*)
- Exposure Protection (*put on your gloves*)

Priority #2&3: Primary Survey and EMS Call

- LOC Check: (*Pinch and Shout*)
- Phone 9-1-1 and get AED
 - Get someone else to phone 9-1-1 now.
(*Hey you! go phone 9-1-1 and report back to me*)
 - Get someone else to look for an AED
(*Hey you! go look for an A.E.D. and report back to me*)
- d-Spine: do I need to hold the neck still?
(*if you need to immobilize the neck, use one of the clamps we learned or find some sand bags*)
- ABC's: head tilt, chin lift, check for effective breathing (5 seconds)

If not breathing normally, then

Do CPR immediately

- 30 Compression, center of the chest, 2 inches deep, 100 bpm
- 2 Breaths

Repeat Until

- AED Arrives
- EMS Arrives
- The patient shows signs of life
- You can't do CPR anymore

When AED arrives

- Turn the AED on
- Expose and prepare the chest
- Connect the pads in the right place then plug them in
- Do not touch patient, and follow instructions
- Initiate 2 minutes of CPR after "shock" or "no shock"

Repeat Until

- EMS Arrives
- The patient shows signs of life
- You can't do CPR anymore

NOTE: If you have two rescuers, then switch who is doing compressions every two minutes.

NOTE: If you have three rescuers, one person may be able to continue down to other priorities while CPR is happening.

NOTE: if you are by yourself and need to phone 9-1-1, then either use your cell phone or if you have to leave the patient, just roll them onto their side (3/4 prone) first.